

Guideline for Thematic Facilitation/Discussion (Updated 30.11.2019)

During the International Workshop on Dignified Menstruation, May 26-28, 2020 at Kathmandu, the 'dignified menstruation' will be in core of all discussion. It is not only present the cases, papers or project etc. It is something special, to examine the entire human right and development discourse from the eyes of dignified menstruation.

There will be various themes such as Women's Participation in Peace/Politics, WASH, Health, Education, Gender Based Violence and Human Right, Disaster, Disability, Faith/religion, Engaging Boys/Men, SDGs, Menstrual Products, Waste, Environment and Climate Change, Sexual and Reproductive Health, Youths etc. from policy, practice and research/academia.

We encourage all facilitators to consider the following process while we think about thematic discussion or facilitation.

1. Two facilitators (lead facilitator and co-facilitator) will lead the theme. Encourage to find from different country (self-matched or GSCDM can suggest later).
2. Two facilitators will examine the achievements so far, explore gaps, challenges from their experiences (personal, country or region or global) and prepare the presentation 5-7 minutes as well as print the fact sheet.
3. Facilitators present as well as distribute the fact sheet with assigned group.
4. Facilitators will discuss on this theme (they will define the method as they like, we encourage to use very participatory and reflective mode for discussion).
5. This group will prepare at least 2-page bullets points in context (bullets or one para with evidences, data), gaps and challenges (bullets or one para) and way forward for at various level such as country level, donors (bullets or para). The gaps and challenges will cover the policy, activism, academia, funding etc.
6. The final outcome will present in plenary as well as provide to the moderator. (It may slightly change, please keep following us).
7. We encourage to share the theme through social media.
8. GSCDM will prepare the list of participants as their interest mentioned in the application form and display.

Tentative Schedule (updated 30.11.2019)

Day 1: May 26, 2020		
Time	Activities	Remarks
7.30-9.00	Registration and Breakfast	
9.00-10.30	Inaugural- 90 minutes <ul style="list-style-type: none"> ○ National Anthem-5 m. ○ Lightening-5 m. ○ Welcome +Objectives: Minister: 10 m. ○ Premiere show of short film: 20 m. ○ Key Note Speeches: 15 +15 ○ Presidential Remarks: 10 m 	MC: Timer: Announcements:

	<ul style="list-style-type: none"> ○ Conclude the Dignified menstruation or dignity during menstruation: Moderator: 10 	
10.30-11.00	Tea Break	
11.00-1.00	Thematic Discussion in four places <ol style="list-style-type: none"> 1. Theme: Women's Participation in Peace/Politics 2. Theme: Gender Based Violence and Human Right 3. Theme: Faith/religion 4. Theme: Health including SRHR 	Follow the instructions to find places
1.00-2.00	Lunch	
2.00-3.00	Presentation in Plenary- 4*15=60 Theme- Presentation- 10 m, Comments -5m QA	Follow the instruction to find the rooms
3.00-4.00	<input type="checkbox"/> Emotional Intelligence and meditation for Addressing religious/cultural resistance around dignified menstruation (MBBI)	Tea break included
4.00.4.30	<input type="checkbox"/> Crafting message on dignified menstruation for advocacy	
4.30-5.30	<input type="checkbox"/> Steering committee for next 2 years (2022)	
Day 2, May 27, 2020		
7.30-9.00	Breakfast	
9.00-10.00	Recap/warm up: 5 m. Panel: Menstrual Products, Challenges and way forward: 55 m	
10.00.12.00	<ol style="list-style-type: none"> 5. Thematic Discussion in four rooms 6. Theme: WASH 7. Theme: Education + Trainings/Resources materials 8. Theme: Disability 9. Theme: Engaging boys/men 	Tea break included
12.00-1.00	Presentation in Plenary- 4*15=60 Theme- Presentation- 10 m, Comments -5 m QA	
1.00-2.00	Lunch	
2.00-3.30	<ol style="list-style-type: none"> 10. Theme: Disaster/Humanitarian Setting 11. Theme: Menstrual Products and Entrepreneurs 12. Theme: Products and Waste, Environment, Climate Change, 13. Theme: SDGs (1,2,8) 	
3.30-4.30	Presentation in Plenary- 4*15=60	

	Theme- Presentation- 10 m, Comments -5 m QA	
4.30-5.30	Finalization of Steering Committee	
Day 3, May 28, 2020		
7.30-8.30	Breakfast	
8.30-10.00	ly celebrations: Different groups organize different activities at and near by hotel with the slogan of 'Menstrual Talk, Dignity First'.	Please propose activities as an advance
10.00-12.30	Formal Celebration and closing <ul style="list-style-type: none"> ○ Address the guests- Ministries, 10. m (10.10) ○ Group Photo Session: 10 m (10.20) ○ Introduction of Steering committee: 15 m (10.35) ○ Overview of the two days activities: moderator: 10 m. (10.45) ○ Presentation of declaration paper -15 m (11.00) ○ Signing of the declaration paper by dignitaries: 10 m (11.15) ○ Remarks: <ul style="list-style-type: none"> □ Representatives' International guests: 10 m (11.25) □ Representative of steering committee: 10 m (11.35) □ Representatives of Miniseries: 10 m (11.45) □ Representative of Commission: 10 m (11.55) □ Chief Guest (international speaker): 15 m (12.10) □ Vote of thanks: 10 m (12.20) □ Closing Remarks: Chair (12.30) 	MC:
12.30- 1.30 Lunch and departures		